

The Hebrew word for worship is **Avodah**. This word equates with “worship” and “work”.

Heart Preparation: Develop a deep intimacy with the Father through prayer and abiding in His word.

Mind Preparation: Grasp the issues and gain an understanding of Jewish customs and the Israeli context to become wise and winsome.

Soul Preparation: Praise and practice to grasp the sound of the land worship in the land.

Strength Preparation: Deliver care and comfort to the most vulnerable of society in preparation for service to those groups in Israel.

Week 40 READ!

- Yeshua/Jesus said “Could you not watch and pray with me for one hour?”
- Begin to **read your Bible one hour per day.**
- If you are an auditory learner, we recommend “BIBLE IS” online as an excellent way to listen.
- If you are a slow reader, you will complete the entire Bible in 90 days.
- Please do not even consider a pilgrimage to Israel unless you are committed to scripture where the word “Israel” occurs about 2,505 times.
- Please document your reading and submit a signed affidavit when your reading is complete.
- This reading is separate from devotions or study. Just read, and do not stop.

Week 39 WITNESS!

- **Read “You will know.”**
- **By Week 28 demonstrate at least 5 key scriptures for engaging the Chosen People.**
- **Read “Baby Come Home”**
- Formulate a concise (One page statement) of what the Father has done in your life.
- Turn in this one page statement of **your testimony in Week 30.**
- Take up the challenge to **share your testimony** at least once a week, starting NOW!
- Don’t worry. All you have to do is Pray and ask Him to bring the people and He will.

Week 38 PRAY!

- **Read Nehemiah 1 and Daniel 9.**
- Ruth Graham Bell has written a book on Daniel, if you need an outside resource.
- Pick one of those prayers to **memorize by Week 25.**
- Then, begin to pray that prayer **at least once daily.**

Week 37 LEARN the Customs.

- **Read “God’s Appointed Customs”** by Rabbi Barney Kasdan <https://www.amazon.com/Gods-Appointed-Customs-Messianic-Lifecycle/dp/1880226634>
- Write a one page paper explaining how you can apply this information in Israel.
- **Customs paper is due in Week 24.**

Week 36 Understand the Government.

- Visit the web site **Jerusalem Watchman** to understand the Biblical Government System and peruse the writings of Stan Goodenough. <http://jerusalemwatchman.org/israel-in-prophecy/>
- Visit the Virtual Jewish Library to understand the Israeli Government System <http://www.jewishvirtuallibrary.org/how-does-the-israeli-government-work>

Week 35 INVEST

- Visit the web site “Wise Money Israel”. <http://www.wisemoneyisrael.com>
- Read “**Talking Money with Strangers for an Epic Return**”.
- Write a **one page paper** explaining WHAT the book contains, SO WHAT is important, and NOW WHAT you are going to do after reading it. Paper is Due Week 17.
- Optional reading “**Start-Up Nation**”.

<https://www.amazon.com/Start-up-Nation-Israels-Economic-Miracle/dp/0446541478>

Week 34 Cooperate

- Read the **Book TNT Leadership**.
- Write a **one page paper** detailing how you can apply TNT concepts in Israel Due Week 11.
- Read the history <http://mfa.gov.il/MFA/AboutIsrael/Maps/Pages/Kibbutz-and-Moshav.aspx>
- Optional reading on the Moshav https://www.researchgate.net/profile/Michael_Sofer/publication/236838186_The_Moshav_in_Israel_An_Agricultural_Community_in_a_Process_of_Change_-_A_Current_View/links/02e7e51947f712d4b0000000.pdf
- For those who enjoy statistics http://www.cbs.gov.il/q144_eng.htm

Week 33 Climb Mountains

- **Read a “Child’s Devotion for Israel”**.
- Learn the name of each Mountain, the meaning, the history, and be able to locate it on a map.
- Start **praying daily** for the mountains with the Ezekiel 36 prayer card.
- Begin walking on a daily basis.
- Consult with your physician and by Week 22, you should be **able to walk 4 miles** in one hour.

Week 32 Drink Water

- **Continue to read a “Child’s Devotion for Israel”**.
- Learn the name of each body of water, the meaning, the history, and be able to locate it on a map.
- Start **praying daily for the rivers** with the Ezekiel 36 prayer card.
- Consider purchasing a portable “Life Straw” water purifying drink bottle http://www.cabelas.com/product/LifeStraw-Go-Water-Filter-with-Bottle/1867190.uts?productVariantId=3945206&WT.tsrc=PPC&WT.mc_id=GoogleProductAds&WT.z_mc_id1=03966310&rid=20&qclid=CjwKEAjwvcjGBRDj-P7TwcinyBkSjADymbITnELvw7dTDE_6V8h_M1jhCsY-BoxRWFt_78iLhAeWRoC04Hw_wcB&gclid=aw.ds
- Research the impact of water consumption before, during, and after air travel.

Week 31 Explore Valleys

- **Continue to read a “Child’s Devotion for Israel”**.
- Learn the name of each valley, the meaning, the history, and be able to locate it on a map.
- Start praying daily for the valleys with the Ezekiel 36 prayer card.

Week 30 Visit Cities

- **Continue to read a “Child’s Devotion for Israel”**.
- Learn the name of each city, know which of the 12 Tribes owns the city, the meaning, and history.
- Start **praying daily** for the cities with the Ezekiel 36 prayer card
- **Your One Page Personal Testimony is Due**

Week 29 Grasp Current Events

- Subscribe to Kehila News and Read weekly. <https://kehilanews.com>
 - Optional and just for FUN! Read Bodie Theone’s “Zion Chronicles”.
- <https://www.amazon.com/Zion-Chronicles-Books-1-5/dp/1556617542>

Week 28 Dig! Archeology

- Watch the 1950's film "Masada" with Peter O'Toole. Beware of some nudity.
- **Submit your completed grid by Week 18**
- **5 Key messianic scriptures due.**

Week 27 Mourn the Holocaust

- Visit the web site for the **Fountain of Tears** (oft-foundation.org)
- Watch the 33 minute true story "**The Desperate**" (2009) by Ben-Hur Sepehr.
- Watch the 12 minute true story "**Sing a Little Louder.**" at www.kingdomworks.com
- Visit a local holocaust Museum in your area.

Week 26 Relive Birth in One Day

- Read "Oh Jerusalem." by Larry Collins. <https://www.amazon.com/Jerusalem-Larry-Collins/dp/0671662414>
- Optional read "Our Man in Damascus: Elie Cohn".
- Write a **one page paper** explaining what "Oh Jerusalem" meant to you; due Week 19
- **Submit an affidavit certifying you read the entire Bible.**

Week 25 Grow with Modern History

- Read "**A Window on Mountain Zion**" by Pauline Rose. <https://www.amazon.com/Window-Mountain-Zion-Pauline-Rose/dp/0498013421>
- Write a **one page paper** explaining what this book means to you. Due Week 14
- **Recite Nehemiah 1 or Daniel 9 by memory**

Week 24 Get Practical!

- If you are going to Israel, submit copies of all travel documents.
- Minors must have certified copies of birth certificates.
- Unaccompanied minors must have documentation of guardianship notarized by both parents.
- **"God's Appointed Customs" One Page Paper Due**

Week 23 Speak Up!

- Go to www.Hebrew4Christians.com
- Learn at least **20 Key phrases**
- Demonstrate those phrases by Week 15
- Are you still reading your Bible? Are you sharing your faith regularly? Are you praying Nehemiah and Ezekiel 36?

Week 22 Be Safe!

- What is your self-defense training? Take a Krav Maga class today! <https://www.amazon.com/Messianic-International-Worship-Battle-Conditioning/dp/B00J0JTMBK>
- **Certify you can walk 4 miles in one hour.**

Week 21 Dress Sharp!

- Educate yourself on the attire required for tourists.
- Ensure you have proper dress for Holy Sites with sleeves and knees covered.
- Bring an umbrella for shade on hot day and cover during rain.
- My friend walked the whole country in flip-flops. Do you have proper shoes?
- Most cars are incredibly small. Reserve yours for \$6 to \$10 per day. Pack light.

- We recommend the CIAO under the seat bag from Cosco (\$36) for personal belongings.
<https://www.amazon.com/Ciao-Luggage-Carry-Wheeled-Airplane/dp/B01LTAP5ZE>
- Consider a collapsible Samsonite “tote a ton” to bring humanitarian items and gifts.

https://www.bedbathandbeyond.com/store/product/samsonite-reg-tote-a-ton-bag/125763?skuld=17340255&mcid=PS_googlepla_nonbrand_luggage_&product_id=17340255&adpos=1o1&creative=43742656669&device=c&matchtype=&network=g&gclid=CjwKFAjwwcjGBRDj-P7TwcinyBkSjADymbITaQ55YgsmN5aqULn_iR-c75bkJl39TqomV_jlDxP8bRoCj7w_wcB

Week 20 Money Matters.

- Do you have a credit card with no foreign transaction fees?
- Did you order shekels from your bank so you don't have to change them in the airport?
- Do you know what it will cost to use your ATM card?
- Make your money plan today, including a budget.

Week 19 Build Stamina

- Have you considered how you will sleep? Travel pillows, eye shades, ear plugs.
- You will need a sleeping bag
- Consider any special food items or vitamins you will need.
- Are you walking regularly? If possible, walk hilly areas on a daily basis to prepare.
- **Oh Jerusalem Paper Due**

Week 18 Insure!

- Make a copy of your health insurance card. <http://www.messiah.edu/download/downloads/id/1867/InternationalTravelChecklistforEmployees2015.pdf>
- Purchase insurance in case of medical evacuation, extraction, etcetera.
- Devise your personal plan in an emergency.
- Know the location of the U.S. Embassy
- Submit completed **archeology grid**.

Week 17 Handle Health!

- Copy and bring all prescriptions
- Pack all needed medications so you have time to order if needed.
- **“Talking Money with Strangers” Report is Due.**

Week 16 Communicate

- Open a **WhatsAPP account** <https://www.whatsapp.co>
- Test your account
- Purchase international plugs
- Get a Israel GPS chip if you will be driving

Week 15 The Unborn

The Jerusalem *Dung Gate* is a place where people tossed their trash. Babies are often tossed out like rubbish. God hates the shedding of innocent blood. Pray against abortion.

- Read “Why Pro-Life” by Randy Acorn
- Write a **one-page reflection paper** detailing your reactions to the book Due in Week 12
- Visit a Pro-Life Center in your area.
- Pray for a Pro-Life Center in your area.
- **Window on Mount Zion Pauline Rose Paper Due**
- **Demonstrate 20 Hebrew phrases.**

Week 14 Widows/Holocaust Survivors

The Tanner's Gate is so small, it is easily overlooked. Pray for widows and the elderly, with their fragile, leathery skin, who are often so overlooked.

- Watch a Holocaust film
- Suggestions include "Schindler's List, The Zoo Keeper's Wife, The Boy in the Striped Pajamas, The Diary of Anne Frank, The Courageous Heart of Irena Sendler etcetera."
- **Submit a one page reaction paper.**
- Visit with residents of a convalescent center in your area

Week 13 Jewish People and the Peace of Jerusalem

The Zion Gate is riddled with bullet holes. Over the centuries, the Jewish people experienced intense persecution.

- Pray for the peace of Jerusalem. God will prosper those who love her.
- Visit a Messianic Synagogue and pray there.

Week 12 Government Leaders/ Laborers for our Lord

The Jaffa Gate leads to the commerce of the West. The Knesset is in Western Jerusalem.

- Identify the current Knesset Members
- Review the website www.firm.org.il. Choose one or two organizations to focus your prayers.
- Set aside one day per week to **pray for the leaders of the Israeli Government**
- **Pro-Life Reflection Paper is Due**

Week 11 Orphans

The New Gate created access to the Old City for the Christian Quarter. God says He will be a Father to the Fatherless and makes a specific tithe to care for the widow, the stranger, and the orphan.

- Optional Report on Poverty in Israel https://www.btl.gov.il/English%20Homepage/Publications/Poverty_Report/Documents/oni2014-e.pdf
- Make time to visit with a single-parent family or someone who is adopted, or foster youth.
- **TNT Leadership Paper Due**
- **Pray for Knesset Leaders**

Week 10 Strangers

The Damascus Gate is situated in the Muslim Quarter. The scriptures remind us that we are pilgrims in a strange land and to take special care for the immigrant.

- Interview a first generation immigrant or an asylum seeker
- Write a one page paper describing their feelings and experiences coming to a strange land
- **Pray for Knesset Leaders**

Week 9 Pastors

Shepherds care for their sheep. The Sheep Gate in the Old City reminds us that those who labor in the word and doctrine are worthy of double honor.

- Do something gracious for your pastor and pray for your pastor faithfully
- Compile a list of Israeli Messianic Pastors and pray for them faithfully.
- **Pray for Knesset Leaders**

Week 8 The Persecuted Church

Stephen's Gate is also known as the Lion's Gate and witnessed the destruction of Stephen, the first Martyr for Messiah. This gate reminds us of the intense suffering many of our brothers endure of their precious faith in our Lord.

- Through Voice of the Martyrs, write a letter to a persecuted Christian or Jewish Believer
- **Pray for Knesset Leaders**

Week 7 The Return of Our King

Everyone know that our King will return through the Beautiful Gate which is also known as the Golden Gate. Opponents have sealed this gate and placed graves to try and block our Messiah's return, but we know the mountains will shift and the waters will move and He will return in triumph.

- The Bible promises that everyone who prays for the return of our Lord will receive a crown.
- **Pray for Knesset Leaders**

Week 6 Aliyah/Immigration

The Lord proclaims that He will no longer be called the One who brought His children out of Egypt. He will be the Almighty who brings His children from the four corners of the earth. He allows us to participate in this mighty work through prayer and advocacy.

Who can go up to the mountain of the Lord? Those with a clean hands and pure hearts. Prayerfully, at the end of each day, place the blood of the Messiah between you and all you have encountered.

- Listen to the song by Sam Glaser "My Heart is Dancing in Jerusalem."
- Identify the various waves of Israeli immigration.
- **Pray for Knesset Leaders to allow Jewish believers in Yeshua/Jesus to be able to return home.** <https://kehilanews.com/2015/06/17/let-messianic-jews-make-aliyah-to-israel/>

Week 5 Quietness and Confidence Are Your Strength

- Ask the Father for great confidence throughout your pilgrimage
- Daily Bible reading continued
- Consistent prayer continued
- Daily walking continued
- Ask the Lord for a specific Biblical scripture that will guide you in His land.
- Pray the blood of Messiah at the end of each day.

Week 4 The Joy of the Lord is Your Strength

- Ask the Father for great joy throughout your pilgrimage
- Daily Bible reading continued
- Consistent prayer continued
- Daily walking continued
- Pray the blood of Messiah at the end of each day.

Week 3 Strength to withstand the wiles of the enemy

- Ask the Father to clothe you in the full armor of God.
- Prayerfully put on this armor each morning.
- Daily Bible reading continued
- Consistent prayer continued

- Daily walking continued
- Pray the blood of Messiah at the end of each day.

Week 2 He gives strength to those who turn the battle at the gates.

- Ask the Father for strength to turn the battle as your prepare to go to the gates of Jerusalem.
- Put on the armor of God each morning.
- Daily Bible reading continued
- Consistent prayer continued
- Daily walking continued
- Pray the blood of Messiah at the end of each day.

Week 1 Special strength in the Lord for a Heart Set on Pilgrimage Psalm 84:5

- Ask the Father for a heart set on pilgrimage
- Put on the armor of God each morning.
- Daily Bible reading continued
- Consistent prayer continued
- Daily walking continued
- Pray the blood of Messiah at the end of each day.